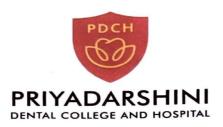




S.NO	YEAR	TITLE OF THE PROGRAM
1.	2018-2019	Workshop empowering women through self-defense Awareness on cervical cancer and its immunization for women Gender sensitization at work place (Rally)
2.	2019-2020	1.Gender law and its implication 2.Cyber bullying and online harassment on women 3. Role of education in women empowerment 4. Awareness on legal rights
3.	2020-2021	Importance of mental health of women Career development and skills for employment
4.	2021-2022	Fostering female representation and leadership in digital space Importance of intersectionality and inclusivity in empowering women. Importance of career development for women
5.	2022-2023	Self-Defense tools and equipment Gender Discrimination and Protection against sexual Harassment Prevalence and prevention of PCOD
CIPAL COLLEGI AL COLLEGI UR. 637 20 TYR DIST	28 HOSPITAL. S. TAMIL NAOU.	4.Overcoming Gender Stereotypes and Bias5.Health and Well Being: Physical Fitness and Nutrition6.Balancing work, Family, and Personal Life

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TOTAL NUMBER OF GENDER SENSITIZATION PROGRAM ORGANIZED BY THE COLLEGE IN THE LAST FIVE YEARS

YEAR	TITLE OF GENDER	DURATION	DATE	NUMBER OF	SPEAKER
	SENSITIZATION PROGRAM			PARTCIPANTS	
2018-19	Workshop on empowering women through self defense	10:00AM- 1:00PM	11/4/18	241	Sensei Shanmuga Sundaram, chief instructor at ALAN THILAK SHITORYU 5 TH DAN Black Belt, Referee Indian Karate Association.
	Awareness on cervical cancer and its immunization for women	10:00AM- 1:00PM	23/8/18	226	Dr. Mohana Priya, MBBS, MS, DNB OG Assistant professor at govt medical college, Tiruvallur
	Gender sensitization at work place (Rally)	10:30AM- 1:30PM	8/3/19	219	Ms. C.S Meera, B.E, M.E structural engineer. Assistant professor at vel tech Multi Tech engineering college
2019-20	Gender law and its implication	10:30 AM - 1:30 PM	14/9/19	247	Ms. Nirmala, LLB, Advocate, Tiruvallur District Court.
	Cyber bullying and online harassment	10:00AM- 1:00PM	24/10/19	211	Mr. K. K. Balachandhar, DSP Trichy.
	Role of education in women empowerment	10:30AM- 1:30PM	27/11/19	207	Dr. Regina Joel, PhD, Principal, Indira Institute of Education.
	Awareness on legal rights	10:30AM- 1:30PM	19/2/20	124	Mr. N. Sethuraghavan, ML, Advocate, District Magistrate Court, Tiruvallur.

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PANDUR - 638 200 TAMM: V.G.R Gardens, V.G.R Nagar, Pandur - 631203. Thiruvallur.

Tel: 044-2765 0160 / 16 Mobile: 98417 35858. PDCH.IN



2020- 2021	Importance of mental health of women	11:30AM- 1:30PM	19/2/21	62	Mr. John Sargunam, B.E, M.E, Diploma in psychology
	Career development and skills for employment	11:30AM- 1:30PM	3/3/21	59	Ms. D. Yashica Sharma, B. tech CSE, Software engineer at SHELL India, Bangalore
	Fostering female representation and leadership in digital space	10:30 AM- 1: 30 PM	11/11/21	67	Mrs. D. Swetha, B. tech
2021- 2022	Importance of intersectionality and inclusivity in empowering women.	11:30AM- 1:30PM	8/3/22	210	Mrs. A. Sarah Atheeque, B. tech, MS Team leader at communication and tech division, jaguar and land Rover, Pvt Ltd, UK
	Importance of career development for women	11:30AM- 1:30PM	27/4/22	204	Dr. AMJ. Mohana Kumari, PhD Associate Professor, Department of History, Periyar EVR College, TRICHY.
2022- 2023	Self-defense tools and equipment	11:30AM- 1:30PM	9/8/22	213	Sensei. Shanmuga Sundaram, chief instructor at ACAN THIAK SHITORYU 5 TH DAN Blackbelt
	Gender Discrimination and Protection against sexual Harassment	11.30 AM- 1.30 PM	8/12/22	231	Mrs. K. M. Narmadha Sampath, Former Additional Advocate General and Practicing advocate in Madras High Court and Supreme court.

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	Prevalence and prevention of PCOD	10:30AM- 1:30PM	10/3/23	243	Dr. AK. Thahernunissa, MBBS, MS OG. Retired senior civil surgeon, Govt. of Tamil Nadu
	Overcoming gender stereotypes and bias	11:30AM- 1:30PM	9/6/23	206	Mr. N. Sethuraghavan, ML, Advocate, District Magistrate Court, Tiruvallur.
	Balancing work, Family, and Personal Life	11:30AM- 1:30PM	12/06/23	247	Ms. C.S Meera, B.E, M.E structural engineer. Assistant professor at vel tech Multi Tech engineering college
	Health and wellbeing: physical fitness and nutrition	11:30AM- 1:30PM	30/6/23	236	Dr. Gautham, MBBS, MS, DFM. Assistant professor, IMCH

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