

**GUIDELINES FOR EXTRACTION CONSIDERING BLOOD PRESSURE IN ADULTS**

**OUTLINE**

Introduction

Guidelines by ASA

Conclusion

**Introduction:**

Management of Hypertensive Patients in a Dental Clinic: Proposed Guidelines by the American Society of Anesthesiologists (ASA)

**Guidelines by ASA:**

BLOOD PRESSURE	ASA CLASSIFICATION	DENTAL THERAPY CONSIDERATIONS
<140 and <90	I	<ul style="list-style-type: none"> <li>● Pay attention to routine dental care</li> <li>● Conduct another examination after six months</li> </ul>
140 -159 and/ or 90-94	II	<ul style="list-style-type: none"> <li>● Before receiving dental treatment, recheck blood pressure three times in a row. If all readings are higher than prescribed levels, a trip to the doctor is advised.</li> <li>● Pay attention to standard dental care.</li> <li>● Follow the recommended stress-reduction strategy.</li> </ul>
160-199 and/or 95-144	III	<ul style="list-style-type: none"> <li>● Check blood pressure again in five minutes.</li> </ul>

BLOOD PRESSURE	ASA CLASSIFICATION	DENTAL THERAPY CONSIDERATIONS
		<ul style="list-style-type: none"> <li>● If the condition persists, get medical advice before starting dental treatment.</li> <li>● Pay attention to routine dental care</li> <li>● Put a stress-reduction plan into action.</li> </ul>
<b>&gt;200 and /or &gt;115</b>	IV	<ul style="list-style-type: none"> <li>● Check blood pressure again in five minutes.</li> <li>● If blood pressure is increased, avoid doing dental therapy, either on a regular basis or in an emergency situation.</li> <li>● Avoid dental therapy if blood pressure is elevated, whether it be routinely or in an emergency.</li> </ul>

## CONCLUSION

Therefore, if a hypertensive patient enters a dental clinic, the instructions should be followed.

## Reference:

- \* Malamed, Stanley. Medical Emergencies in the Dental Office - E-Book. 7th ed. Elsevier Health Sciences, 2014. Web.15 OCT.2022.

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